


The role of hope in college retention.



THE GIST: A college student's decision to see college through to the end can be influenced by their entering academic skills and motivation. With interest in hope and college retention, we observed the educational progress of 276 freshman college students across their first year. Those with high hope generally stepped up and those with lower hopes tended to have less inclination to finish their degrees. Hope helped to influence college students, encouraging them to pursue their goals and take steps to make achievements happen.



THE TAKEAWAY: College grants some positive opportunities for those who finish, but not everyone who enters college finishes (approximately 40%). In the transition to college, individuals must adjust to school and identify their goals and how to reach them. Students' commitment and pursuit of goals is an ongoing process. Through it all, the hope that work will pay off can help students make prolonged efforts. Early intervention can help students through the rough college transitions by introducing them to helpful resources and teaching them about cultivating hope. Hope can help people take action to make dreams become reality!